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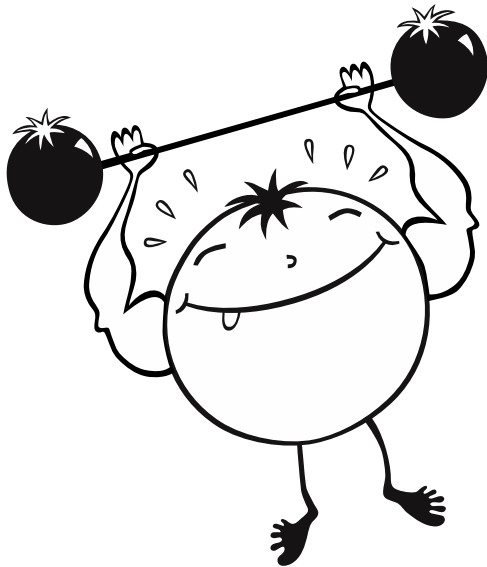
EASTMONT TOMATO FESTIVAL



SATURDAY, AUGUST 18, 2018 MEADOWBROOK CENTER, SHAWSVILLE, VA

'MATER MADNESS 2018

Pre-festival outdoor
boot camp



CHAIRPERSON: John Shumate & Kate Stewart

TIME: 7:15am- 8:15am Saturday,

PLACE: Old Town Fields

AGES: 15 & up

DESCRIPTION: High-energy boot camp style workout led by Waldron instructors John Shumate and Kate Stewart. May include some running, relays, obstacle courses, strength drills and more. This is a great, high energy way to kick off your Saturday before the Tomato Festival begins at Meadowbrook.

COST: \$20 (includes a 2018 Tomato Festival T-shirt and post-workout refreshments)